

# Otterham Community Primary School. P.E. Review 2015/16.

Once again we have had a excellent year in P.E. though the poor weather of this winter meant that the curriculum had to be delivered in a more flexible way. Our main aim is to develop an enjoyment for P.E. and Sport as we want children to be willing participants and have a desire to do their best. Our indoor P.E. facilities are not always suited to the delivery of much of what we try to do. Mr Osborne was again employed for 2 afternoons each week in order to create sustainable Physical Education and build on previous work done. His role as P.E. Co-ordinator meant a great deal of time has to be spent developing and completing paper work such as the school P.E. Policy and audit of the P.E. Premium (both are accessible through the school website).

After school clubs were run for the following activities:

Tag Rugby, Football, Netball, Dance, Gymnastics, Cricket, Archery, Athletics and Rounders. Unfortunately, with our school being so active in the provision of enrichment opportunities, it has proved a bit difficult to maintain the extracurricular programme as consistently as we would hope. Please remember that these rely on the willing volunteers who freely give their time so the children get enrichment opportunities.



## Class 3.

Class 3 have done a great deal of P.E. this year's thanks to the support of Miss Percival and Mrs Blackburn and their willing TA support. Fundamentally the P.E. for Class 3 has focussed on Foundation and multi skills in preparation for future sport and Physical Education. They have all followed a programme which has emphasised healthy lifestyles, supported by our involvement in the healthy Schools Project. Throwing and Catching games have been done to develop these skills as well as pupil confidence. Physical co-ordination is really important for these young children and a lot of time is devoted to Athletics through which children can improve running, throwing and jumping ability. Many different multi skills drills were undertaken in order to help develop movement and physical literacy and these were combined with dance and gymnastics. Our swimming allocation means that pupils get 5 hours of lessons at Camelford pool. Our aim for these sessions is to get pupils to be water confident and safe. Living in close to proximity of the sea we wish all of our children to be safe. Every effort is made to get all actually swimming through the use of the ASA swimming programme. Our better swimmers are allocated a swimming coach at the pool enabling them to build on the work they do at other swimming clubs. We have to rely on your continuing support in getting your child swimming as much as possible through swimming clubs at Camelford and Bude.

We have opened up our after school clubs to pupils in Year 1 in order to give them access to Dance and Gymnastics. this proved very popular.

## Classes 2 and 1.

Due to the nature of the subject and the mixture of age groups within the 2 classes we follow a very similar programme of study for both classes with an emphasis on progression, resilience and skill development. It is not simply a case of working to the highest levels, but really focussing on the acquisition of skill and consistency application of these. We encourage pupils to develop skills which are generic to a vast range of sports.

The programme is divided into 1/2 term sections where the pupils study: Invasion Games, Team Building, Gymnastics, Dance, Striking & Fielding Games, Net Wall Games, Racquet sports, Swimming, Athletic Activities.

Through these all children in class 1 and 2 have been taught according to their ability and experience: Track and Field Athletics, Outdoor and Adventurous Activities (including residential experiences), Rugby, Football, Netball, Gymnastics, Dance, Games for Understanding, Minor Games, Cricket, Rounders, Swimming and Tennis. Children are taught about healthy lifestyles and the benefits of an active life. Once again this is supported by the Healthy Schools Programme.

Please note that our swimming lessons are limited and we emphasise water safety and water confidence for all. Good swimmers are taught stroke development and stamina whilst our weaker swimmers work towards being able to swim 25 metres by the end of year 6. We encourage all children to use local pools as much as possible to improve their swimming and to build confidence.



We have endeavoured to enter a number of interschool sporting events through the year. In March our children won the cluster Tag Rugby tournament again and were runners up in the cluster Netball tournament. This meant that we qualified for higher level competitions. As with after school clubs we have tended to spread ourselves a bit thinly as we have tried to do so much. this meant that some events were missed due to staff being out on residential experiences and other enrichment events. Children have played competitive Cricket and Soccer during the year and a number of our children went to the East Cornwall school Athletics event. Will Collings qualified for the Cornwall event in 1500 metres where he gained the Silver medal in a highly competitive race. A vast number of our children have been involved in these competitive events as well as in Multi skills events. It is a real strength of our school that we

have willing children who always represent our school fantastically in sporting events. May this long continue as we seek more and more opportunities and create a sporting legacy for Otterham School.



The talents of every child were displayed at our thoroughly enjoyable School Sports day on 5th July as they competed in Sprints, Relays and traditional school sports day races.

**Big** thanks have to go to so many people who have made our sporting year such a success:

All our willing children who have consistently worked hard and with endeavour in lessons and extraCurricular activities.

All the willing staff and TAs who have supported the curriculum, extra activities and have understood that we are trying to create sustainable provision of P.E. for the future.

Our Class 2 (Ruby Coleman and Charlie Prout) and Class 1 (Will Collings, Imogen Sandercock and Millie Wilton) Sports ambassadors who act as P.E. Technicians as well as contentious leaders.

Mrs Ward - her vision and determination has meant that P.E. has a high priority in our school.

Above all we would not be able to follow such a wide extraCurricular programme without the willing parents who so freely give of their time to be; taxi drivers, coaches and vociferous supporters.

Here's to a sunny and restful summer break and we will return refreshed and raring to go in September.



N.Osborne. July 2016.