

Dear Parents

Please accept my sincere apologies for any confusion over snack time, there have indeed been mixed messages and to guide us all going forward after Easter, the following is the situation. To clarify, Class 3 are given a piece of fruit or vegetable as a healthy mid-morning snack. This is provided / funded by the government.

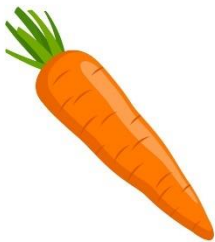


If your child is in KS2 (Class 1 or 2), please provide them with an item of fruit or vegetable that they can eat at playtime. This then continues the healthy start in KS1 and sets a good example to our youngest children.

Sometimes we have a surplus of bread (donated by the foodbank for Breakfast Club) which is shared out amongst the children.



We are not unique in this approach to a healthy snack at playtime. Ever since the 'Healthy School' initiative (started 1998), in order to be given this status, fruit/vegetables have been considered an appropriate snack.



I'm afraid we do not have the time to consider whether each of the many other wrapped snacks are healthy and so would very much appreciate your cooperation on this matter.

Thank you in anticipation of your support.

Mrs Helen Ward

