

Otterham Community Primary School. P.E. Review 2016/17.

Our main aim is to develop an enjoyment for P.E. and Sport as we want children to be willing participants and have a desire to do their best. Hopefully the skills and enjoyment they gain will encourage all our children to participate in some sporting activities into their adulthood. I have continued to work on developing and maintaining the necessary and correct paper work, keeping up to date with current trends and developments in the sporting world and Physical Education. Our schools P.E. Policy and the audit of the P.E. Premium are accessible through the school website.

After school clubs were run for the following activities:

Tag Rugby, Football, Netball, Dance, Gymnastics, Cricket, Archery, Athletics and Rounders. Unfortunately, with our school being so active in the provision of enrichment opportunities, it has proved a bit difficult to maintain the extracurricular programme as consistently as we would hope. Please remember that these rely on the willing volunteers who freely give their time so the children get enrichment opportunities.



Class 3.

As in previous years the children have done a great deal of P.E. thanks to Mrs Blackburn and her willing TAs. Fundamentally the P.E. for Class 3 has focussed on Foundation and multi skills in preparation for future sport and Physical Education. We wish our children in the early stages of their school life to have a really enjoyable and engaging time in P.E. Throwing and Catching games have been done to develop these skills as well as pupil confidence. They have all followed a programme which has emphasised healthy lifestyles, supported by our involvement in the healthy Schools Project. Physical co-ordination is really important for these young children and a lot of time is devoted to activities through which children can improve running, throwing and jumping ability. Many different multi skills drills were undertaken in order to help develop movement and physical literacy and these were combined with dance and gymnastics. Our swimming allocation means that pupils get 5 hours of lessons at Camelford pool. We worked through these hours to get pupils to be water confident and safe. Living in close to proximity of the sea we wish all of our children to be safe. Every effort is made to get all boys and girls actually swimming through the use of the ASA swimming programme. Our better swimmers were allocated a swimming coach at the pool enabling them to build on the work they do at other swimming clubs. More children from Class 3 have been able to join in with our after-school clubs this year and this has helped in their overall enjoyment of sports.

Classes 2 and 1.

Once again there has been a wide range of age groups and abilities within Class 1 and 2 which has meant that each class has followed a very similar programme of study. Class 2 have spent a great deal of time building on the foundations skills such as catching and throwing, but these have been taught through recognised sports. Many of the activities we do allow for multi skill development so that skills do not have to be taught in isolation. Catching in a rounders lesson has many of the core skills to be found when catching in rugby. In both Class 1 and 2 we have spent a great deal of time developing resilience and self-discipline as there is a real need to get all of our children to endeavour to make full use of their personal ability. It is not simply a case of working to the highest levels, but really focussing on the acquisition of skill and the consistent application of these. We have encouraged pupils to develop skills which are generic to a vast range of sports.

The programme is divided into 1/2 term sections where the pupils study: Invasion Games, Team Building, Gymnastics, Dance, Striking & Fielding Games, Net Wall Games, Racquet sports, Swimming, Athletic Activities.

Through these all children in class 1 and 2 have been taught according to their ability and experience: Track and Field Athletics, Outdoor and Adventurous Activities (including residential experiences), Rugby, Football, Netball, Gymnastics, Dance, Games for Understanding, Minor Games, Cricket, Rounders, Swimming and Tennis. Children were focussed on healthy lifestyles and the benefits of an active life. Please note that our swimming lessons are limited and we emphasise water safety and water confidence for all. Good swimmers are taught stroke development and stamina whilst our weaker swimmers work towards being able to swim 25 metres by the end of year 6. We encourage all children to use local pools as much as possible to improve their swimming and to build confidence.

We had some fantastic successes at the "Cluster" swimming gala this year, notably amongst our talented girl swimmers. Olive Hamilton and Ruby Coleman showing some real talent and Oscar Adams starred for the boys.

In November, we entered a girls team into the North Cornwall Gala against some very strong opposition and large schools. Both Olive Hamilton and Ruby Coleman won their heats in the Butterfly and finished 3rd and 5th respectively. Our A Team Relay had a fantastic win in their heat and finished a highly creditable 4th overall.

For some of our girls this was the first time they had swum competitively and this was a great experience for them.



It would be fair to say that there has been less interschool sport this year than in previous years. We have endeavoured to enter a number of events when possible. A number of events were cancelled due to weather and lack of support or organisation. A lot of our children went to, and competed very well at, the Warbstowe Run and we had

some outstanding performances especially from Oscar Adams, Ruby Colman, Lexi Mather and Olive Hamilton. Due to the enrichment of children through residential trips we also had to miss out on some other activities. We do so many things that sometimes it is not possible to attend all on offer. Mrs Humber ran a highly popular Netball club which was well attended and Football and rugby clubs ran for many months. Attendance at our sporting after school clubs has been really high this year and it is great to have seen so many children, of all ages, striving to get better in their chosen sports. Hopefully we will see even more benefiting from this after school provision. (If any parent wishes to help with any of our after-school clubs as either a coach or just a willing supporter please contact me at school.)

In October Mr Osborne ran and delivered a highly successful Rugby festival for KS Stage 1 and 2. This was well supported by our Cluster school partners and laid the foundations for the development of Tag Rugby across these schools. Unfortunately for us the standard of Rugby has massively improved due to these initiatives and we lost our crown in the Tag tournament held in March of this year. We only finished in third place, which is a real testament to the improvement of all schools.

Our Dances wowed all who watched at the harvest festival and in the children's performances. The children worked very hard to get their routines right and really enjoyed the performances even though they were nervous.



At time of writing this I am hopeful to have had a great sports day, as I pray for decent weather. The children are excited to show off their skills in the sprints and relays and to also have a go at; the egg and spoon race, the sack race and the 3-legged race. By the time you read this I hope that this will have been a fantastic affair – weather permitting.

I am currently working with Camelford Primary, St Teath, St Breward and Sir James Smiths schools on developing P.E. cooperatively. This is due to our impending assimilation into a Multi Academy trust with these schools. This will enable a more consistent approach to P.E. in these schools and enable more opportunities for sporting festivals and tournaments, probably resulting in a minimum of one big event for each half term. With such a few schools being committed to high quality P.E. we will be even more focussed on giving all our children more opportunities in the years to come.

Big thanks have to go to so many people who have made our sporting year such a success:

To all the parents who helped provide our county standard Long Jump Pit. This is a fantastic resource where all our pupils learn good techniques for Long and Triple Jump and maybe where future Olympians develop.

All the willing children who have consistently worked hard and with endeavour in lessons and extracurricular activities.

All the willing staff and TAs who have supported the curriculum, extra activities and have understood that we are trying to create sustainable provision of P.E. for the future.

The Sports ambassadors - Jack Lawler and Kitty Crocker assisted by Ruby Coleman and Charlie Prout. They have been our willing P.E. Technicians and sports leaders.

Simon Fry who has delivered the "Chance to Shine" cricket programme for Class 1 and 2.

Mrs Ward - her vision and determination has meant that P.E. has a high priority in our school.

Above all we would not be able to follow such a wide extracurricular programme without the willing parents who so freely give of their time to be; taxi drivers, coaches and vociferous supporters.

Here's to a sunny and restful summer break and we will return refreshed and raring to go in September.



N.Osborne. 18th July 2017.