

# Welcome to the July 2021 Scomis Online Safety Newsletter for Parents

## Social Media

With the summer holidays almost upon us parents and carers may need help with their child/children's use of **Social Media**.

Consider the following questions:

**Do you know how children use social media?**

**Do you know what apps they use?**

**Do you know how to use privacy settings?**

**Do you know the recommended ages for use of apps?**

To find answers to the above questions and for advice and guidance visit:

<https://www.common sense media.org/app-reviews/>

<https://parentzone.org.uk/advice/parent-guides>

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

<https://www.net-aware.org.uk>

## What to do if you need help

Childnet provides advice on what to do if a child comes to you and needs your help:

**Communication.** It is essential to talk to your child/children and reassure them they should always tell you if something upsets or worries them online

**Evidence.** Save the evidence wherever possible include screen shots, emails, texts. Find out more [here](#)

**Report.** Familiarise yourself with the reporting services for sites including:

- TikTok
- Xbox Live
- Twitter
- Facebook
- Instagram (and more)

Available on Childnet's site [here](#)

## Digital Resilience Toolkits

### Help your child become more resilient online!

Review the age-specific [Digital Resilience Toolkits](#) at Internet Matters, created with the expert advice from Dr. Linda Papadopoulus.

Watch videos for practical advice on supporting:

- Pre-school 0-5
- 6-10 year olds
- 11- 13 year olds
- 14+



Listen to advice on the role parents/carers can play in making sure their child is equipped to manage risks.

Visit Internet Matters to access a range of [resources](#) including practical advice available from age related [online safety guides](#)

**HELP IN THE HOLIDAYS!** Remember **FREE** advice is just a phone call away from the O2 and NSPCC helpline **0808 800 002** and Childline **0800 1111** older children [The Mix](#) offer free and practical advice

## Screen Time

Consider the following questions from the Royal College of Paediatrics and Child Health (RCPCH):

1. Is screen time in your household controlled?
2. Does screen use interfere with what your family want to do?
3. Does screen use interfere with sleep?
4. Are you able to control snacking during screen time?

Read the [RCPCH Guides](#)

Review '[Everything you need to know](#)' about Screen Time from Parentzone

## Have you heard of Poparazzi?

### Recommended Age 16+

**Parents need to know that Poparazzi is a free photo-sharing social media app aimed at the teen and young adult audience. Its content is entirely made up of photos posted by its community.**

**User-created content includes multiple photos of male and female teens and young adults in swimwear.**



[Common Sense Media's view](#) -

**Concerns—language, suggestive content!**

Find out more about this App at:

- [Commonsense Media](#)

## FIFA 21

Do you have football-mad children and young people in your home?

**Is FIFA 21 a popular choice?**

**What do you as a parent/carer need to know?**

**Fifa 21's features include:**

**In Game Spending** – FIFA 21 generates revenue via in-game purchases.

Parents need to be aware that this could be costly if a credit/debit card is set up on the account!

Read Wayne Denner's advice on '[How to help avoid getting your bank account emptied with your children gaming](#)'

**Chat Feature** – As for social media apps and platforms, the ability to chat while gaming enhances interaction. Online play is unmoderated, which risks exposing players to inappropriate content . gaming'.

*Chat on the game can be disabled. Via 'Game settings' -> audio -> uncheck voice chat. There is also a mute audio function which can be used to mute sound while in game mode.*

**Stay safe during the summer holidays!**