

Otterham C P School

Headteacher : Helen Ward
Email: secretary@otterham.cornwall.sch.uk
Tel. 01840 261344
www.otterhamschool.co.uk



Marshgate
Camelford
Cornwall
PL32 9YW

Class One's Residential To Porthpean Outdoor Education Centre **Monday 15th to Wednesday 17th July**

Dear Parents/ Carers,

Our class residential is not too far away now and so here are some reminders and finer details for our three day/ two night stay at Porthpean Outdoor Education Centre, near St Austell.

Itinerary:

Monday 15th July

10am: Children are dropped at Porthpean (please arrange lifts amongst yourselves).

10:15am to 12 noon: We will have plenty of time to get to know the staff, venue and settle into the newly installed camping pods, where we will be sleeping.

12 noon to 1pm: Lunch (a packed lunch from home is required on the first day please).

1:30pm to 4:30pm: Exploring the high ropes; this involves a number of challenges and will suit the needs of all children. There will be no expectations for children to get to the top, just have a go. Some may choose to test their nerve on the 'leap of faith', fly down the zip wire and tackle the 'Jacobs Ladder'. The afternoon will also consist of building a crate tower.

6pm: Evening meal (children will be able to choose from a selection of meals in the canteen).

7:30pm: Sports night, which is organised and led by the staff at Porthpean.

10pm: Bedtime (hopefully!)

Tuesday 16th July

8am: Breakfast - a selection of foods will be on offer.

9:30am to 12 noon: Beach day (part 1) – The day will include exploring the coastline in canoes and kayaks, walking our way along the cliffs by coastal traversing and trying our hand at dinghy sailing or standing up on a paddle board.

12 noon to 1pm: Lunch, provided by Porthpean.

1:30pm to 4:30pm: Beach day (part 2 – continuing the above activities).

6pm: Evening meal

7:30pm: Circus workshop

10pm: Bedtime!

Wednesday 17th July

8am: Breakfast - a selection of foods will be on offer.

9am: Clear our belongings from the camping pods so they can be cleaned.

9:30am to 12 noon: One group will start on the indoor climbing wall, which will include completing a wide variety of climbing challenges to build confidence. The other group will learn to play archery. The groups will then swap over.

12 noon to 1pm – Lunch, provided by Porthpean.

1pm – Parents to collect their child from Porthpean and take them home for a well-deserved rest!

Kit list

Please find attached a kit list. It is important to be aware that we are likely to get wet and muddy and so plenty of OLD clothing is important. Children will need comfortable and practical clothes

for being outdoors, including trainers – ideally no jeans please! Please note that they will also need to **bring a packed lunch for the first day** only. School jumpers are not necessary.

Medical form

A medical form has been sent to you by email and is on the 'xpressions' app. It is vital that this is completed (**before Monday 8th July please**) – we cannot take your child without it. If you require a paper copy, please see Kerry in the office.

Risk assessments

Porthpean Centre is part of Cornwall Council's Outdoor Education Service and therefore complies with all health and safety requirements of the council, which I have seen and checked.

Supervision

Children will be supervised by myself, Mrs Osborne and Miss Forbes, and Mrs Ward will pop over to spend some time with us too. During the night, children will be fully aware of where school staff are sleeping, along with our expectations of them. An overnight security guard will also be present, which the children will be aware of too.

The staff at Porthpean will be leading all the activities, for which they are appropriately experienced and qualified. They are also first aid qualified and CRB checked.

Catering

A fixed menu is provided, with a vegetarian option available (please speak to Mrs Humber about any specific dietary requirements as soon as possible so this can be organised in advance of our trip). Meals consist of a cooked breakfast, packed lunch and evening meal.

Children will be expected to help serve and clean up after themselves in the dining hall to ensure mealtimes run smoothly.

Making contact

We will be in regular contact with Kerry, who will send out texts to keep you updated on how the residential is going. We will also be taking your contact details with us, should we need to contact you directly.

In the unlikely event that a child has to return home from residential early, for reasons such as ill health, we will contact you and arrange the most effective and safe way to get your child home. This may require you to come and collect them.

Payment

Please could you ensure that all payments are made via school money (www.schoolmoney.co.uk) **before Monday 1st July**. If you have difficulties achieving this, please speak to Kerry in the office.

I hope I have covered everything in this letter, but if you have any further questions or queries about our residential trip, please do not hesitate to pop in and ask.

Kind regards,

Claire Humber

Kit List

The vast majority of our activities will be outside and so your child is likely to get wet or dirty – please pack at least three complete changes of clothing. For your benefit (and our sanity!), please ensure all items are **clearly labelled** and **please do not pack for them – pack with them!** Please pack everything into a medium-sized bag, preferably not a suitcase.

	Packed	Returned
A packed lunch for the first day (in a lunch box) and a drink in a bottle that can be refilled.		
A small rucksack for day use		
A mug for a bedtime drink		
Sleeping bag		
Pillow		
Pyjamas		
Wash bag and toiletries, including hand soap.		
A towel		
Plenty of changes of underwear and socks		
T-shirts and jumpers/fleeces		
Trousers/ tracksuits for outdoor activities – no jeans please		
Trainers for activities, e.g. climbing.		
Old trainers/ plimsolls/ wet shoes for beach day – not flip-clops, crocs or reefs.		
Warm hat, gloves and scarf (weather dependent)		
Sun hat and sun cream		
Waterproof jacket and trousers		
Torch		
Black bin liners for dirty/wet clothes and footwear		
Camera (optional), notebook and pencil		

Please note: **No mobile phones, gadgets or other expensive items please. If your child is taking any medication, please speak to Mrs Humber about this prior to the trip.**