



## Bikeability Level 2 Consent Form

The Level 2 Bikeability cycle training course is aimed at Year 5/6 children and delivered on local roads. This course equips children with skills to deal with traffic while gaining real cycling experience. The aims of the Level 2 course are:

- To encourage and develop safe cycling skills.
- To develop positive attitudes towards road use.
- To increase knowledge and understanding of the road and traffic environment.
- To give trainees the confidence to use their bikes on local roads.

Each child attending must be able to ride a bicycle (have good control and balance) before enrolling for the course. The roadworthiness of the bicycle is your responsibility and should be checked regularly by yourself and your child (please see the bicycle checklist and keep for future reference.)

Whilst undergoing tuition, a properly fitting cycle safety helmet must be worn. Some of the current cycle helmet safety standards are EN1078, BS 6863, AS2063, ANSI Z 90.4 or SNELL. Please ensure your child is wearing appropriate clothing suitable for cycling and the weather conditions. The Instructor will provide high visibility waistcoats which must be worn. Training will be delivered by accredited National Standard Instructors.

Any participants who persistently misbehave or put others in danger will be asked to leave the sessions and will not be allowed to attend in future.



### Bikeability Consent Form

Child's name (BLOCK CAPITALS): ..... Date of Birth: .....

Training Base (e.g. name of school): ..... School Year: .....

Parent/Carer's name: .....

During a training session I may be contacted by telephoning:

Home: ..... Mobile: ..... Work: .....

Does your child have any special educational, behavioural or physical needs? If yes, please give details

.....

Are there any medical conditions you feel we need to know about?

.....

My child is (please delete as appropriate) A confident rider/OK but cannot signal/Wobbly

Please tick box:

My child has their own bike

☐

I consent to my child receiving national standard cycle training.

☐

I have read the details at the top of this form & the Bicycle Checklist.

☐

If a Level 2/3 (on-road) course, I agree to my child receiving on-road training and confirm that my child will be 10 years or older by the end of the current academic year (they are in Year 5 or 6).

☐

I will ensure my child's bicycle is in a roadworthy condition prior to each training session

☐

**I would like to be a volunteer helper.**

**YES/NO (please delete as appropriate)**

Parent/Carer signature: ..... Date: .....

Print name & relationship to child: .....