

Otterham Primary School

Personal, Social, Health & Economic (PSHE) Education Policy



Version 4

Personal, Social, Health & Economic (PSHE) Education Policy

Introduction

Name of School: Otterham C P School

Date of Policy: September 2026

Members of staff responsible: Helen Ward – ALL

Review Date:

Background Information

Otterham Community Primary School caters for children aged 4 – 11. The children come from both single and dual parent families.

This Policy was originally developed by the school PSHE Coordinator through a variety of consultation methods, involving pupils, parents/carers, staff, governors and the school health advisor.

Policy Statement

PSHE helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives, to become informed, active responsible citizens. (The National Curriculum 2014).

PSHE comprises planned provision to promote the personal and social development, health and well-being of pupils in a school (2003 – 2004 PSHE Annual report by QCA).

Other related policies and documents include the Sex and Relationship Policy (SRE), Anti-Bullying Policy, Child Protection Policy and Equality Schemes.

Aims and Objectives

This Policy is a working document which provides guidance and information on all aspects of PSHE in the school for staff, parents/carers and governors. To be accessible to all of these groups the document needs to be available on request and presented in a way that is easy to understand.

Moral and Values Framework

The PSHE programme at Otterham reflects the school's ethos and demonstrates and encourages the following values:

- Respect
- Humour
- Positivity
- Creativity
- Inclusion
- Co-operation
- Resilience
- Aspiration

Equal Opportunities Statement

The school is committed to the provision of PSHE to all of its pupils. Our programme aims to respond to the diversity of children's cultures, faiths and family backgrounds. Equal time and provision will be allocated for all groups but there may be occasions where pupils with Special Educational Needs are given extra support from SEN staff.

Content

For both KS1 and KS2 the Programme of Study for PSHE Education by the PSHE Association is used to ensure coverage over a 2-year rolling programme.

Organisation

PSHE should not be delivered in isolation but firmly embedded in all curriculum areas. At Otterham the main content is delivered during a discrete 45 min in a timetabled lesson but may also be addressed throughout the week in response to need, making it relevant. The lesson includes circle time.

PSHE is usually delivered by the class teacher or an HLTA, in mixed gender groups. Active learning methods, which involve children's full participation, are used.

Occasionally, appropriate and suitable experienced and/or knowledgeable visitors from outside school may be invited to contribute to the delivery of PSHE in school.

- ✓ Visitors are invited into school because of the particular expertise or contribution they are able to make
- ✓ All visitors are familiar with and understand the school's relevant Policies and work within them
- ✓ All input to PSHE lessons are part of a planned programme, and are negotiated and agreed with staff in advance
- ✓ All visitors are supervised/supported by a member of staff at all times
- ✓ The input of visitors is monitored and evaluated by staff and pupils. This evaluation informs future planning

Evaluation of the PSHE programme is conducted using a variety of informal activities which have been built into the programme.

Liaison procedures are already in place with the secondary schools in the area. Discussions on PSHE and Citizenship are included as and when necessary.

Otterham School believes in the importance of training for staff delivering PSHE. The school's staff are encouraged to access appropriate training and support to help them deliver effective PSHE.

Specific Issues within PSHE

Confidentiality

As a general rule, a child's confidentiality is maintained by the teacher/HLTA concerned. If this person thinks that the child is a risk or is in danger, she/he must talk to the named DSL Officer, Mrs Ward or Mrs Hart DDSL. In their absence information is available in the staff room detailing who to contact.

The child concerned will be informed that confidentiality is being breached and reasons why. The teacher will support the child through the process.

Child Protection

The school has a separate Child Protection Policy. Effective PSHE may bring about disclosures of child protection issues and staff should be aware of the procedure for reporting their concerns.

Controversial and Sensitive Issues

Staff are aware that views around some PSHE related issues are varied. However, while personal views are respected, all PSHE issues are taught without bias. Topics are presented using a variety of views and beliefs so that pupils are able to form their own, informed opinions, but also respect others that may have a different opinion.

Dissemination

Three main themes covered during the year include:

Health and Wellbeing

- Healthy lifestyles
- Mental health
- Ourselves, growing and changing
- Keeping safe
- Drugs, alcohol and tobacco

Relationships

- Families and close positive relationships
- Friendships
- Managing hurtful behaviour and bullying
- Safe relationships
- Respecting self and others

Living in the Wider World

- Shared responsibilities
- Communities
- Media literacy and digital resilience
- Economic wellbeing: Money
- Economic wellbeing: Aspirations, work and career

We also acknowledge children's Mental Health week and Safer Internet Day.

Version and Date		Action/Notes
Policy Reviewed:		September 2026
Next Review:		September 2027