Literacy
Descriptive writing. Writing for
Information. Instructional writing.
Record keeping (food diary) New
vocabulary / Spellings

Design Technology
Design purposeful and appealing
products.
Use a range of tools, equipment
and processes to produce varied
food.

Evaluate products.

Science
Food tasting. How
food is grown and
seasonal produce.
Food groups and
portion sizes. What
counts as 5 a day?
Nutrients in food.

Rainbow Cooking

PHSE

Why eat healthy? Recognise foods.

Likes / dislikes - discussion (value opinions of others)

Food pyramid / pie chart (KS2)

Healthy Plate (KS1)

ICT
Record information photograph dishes,
write recipes to
create a cookbook.
Design food diary and
use it.

Mathematics

Data handling and collection - food diary / class likes/dislikes.

Measuring / capacity (cups, spoons, percentages)

What counts / quantities of 5 a day (portion sizing)

Costing of food / meals (KS2)